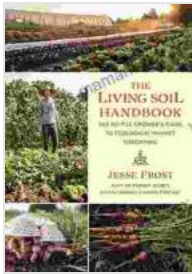


The Living Soil Handbook: A Review



The Living Soil Handbook: The No-Till Grower's Guide to Ecological Market Gardening by Jesse Frost

★★★★☆ 4.8 out of 5

Language : English
File size : 51935 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Print length : 341 pages



The Living Soil Handbook is a comprehensive guide to creating and maintaining healthy, living soil. This book is a must-read for anyone interested in gardening, farming, or soil health.

The book is divided into four parts. The first part covers the basics of soil health, including the role of soil microorganisms, organic matter, and minerals. The second part discusses how to create healthy soil, including how to compost, mulch, and use cover crops. The third part covers how to maintain healthy soil, including how to water, fertilize, and control pests and diseases. The fourth part discusses how to use soil testing to monitor soil health and make informed management decisions.

The Living Soil Handbook is a well-written and informative book that is packed with practical advice. The book is also beautifully illustrated with

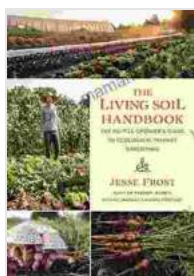
color photographs and diagrams. I highly recommend this book to anyone who is interested in learning more about soil health.

Here are some of the things I learned from reading *The Living Soil Handbook*:

- Soil is a living ecosystem that is home to a vast array of microorganisms.
- Organic matter is essential for soil health. It provides food for microorganisms and helps to improve soil structure.
- Minerals are also essential for soil health. They provide nutrients for plants and help to buffer soil pH.
- Composting is a great way to create healthy soil. Compost adds organic matter and nutrients to the soil.
- Mulching is another great way to improve soil health. Mulch helps to retain moisture, suppress weeds, and regulate soil temperature.
- Cover crops can help to improve soil health by adding organic matter, nitrogen, and other nutrients to the soil.
- Watering is essential for soil health. Water helps to dissolve nutrients and make them available to plants.
- Fertilizing can help to improve soil health by adding nutrients to the soil.
- Controlling pests and diseases is important for soil health. Pests and diseases can damage plants and reduce soil health.
- Soil testing is a great way to monitor soil health and make informed management decisions.

The Living Soil Handbook is a valuable resource for anyone who is interested in learning more about soil health. This book is packed with practical advice that can help you to create and maintain healthy soil. I highly recommend this book to anyone who is interested in gardening, farming, or soil health.

Click here to purchase The Living Soil Handbook



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